The Stanislavski System: The Professional Training Of An Actor Digested From The Teachings Of Konstantin S. Stanislavski

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system was used and adapted by the American actor and director, Lee Strasberg. Training of An Actor: Digested from the Teachings of Konstantin Stanislavski, of the Actors Studio in New York and consequently on 'Method' acting. analysing the techniques from the point of view of the professional actor.